

AFO Casting Procedure Using Casting Sock



1. Cutting strip, tubing & bag in place



2. Gather STS Sock-slide onto foot & leg



3. Position STJ neutral:
Ankle at 90°



or 3. **Preferred**

Semi weight bearing on
foam casting board; 90 & 90



4. Cut along cutting strip-
full length



5. Important!
Mark medial & lateral
malleolus