



## **ORTHOTIC SELECTION GUIDE**

The Orthotic Selection Guide is a tool that will help you choose an appropriate orthotic style when you already know a patient's diagnosis and their typical footwear.

We have divided the orthotic selection into broad groups which also considers the patient's weight. The limits of {<200lbs} and {200+ lbs} are not exact boundaries but serve as a general indication of what may be best for the patient, and which devices will hold-up longer for heavy duty users.

There are several other factors that may influence the material choice, such as the patient's foot size, or their past history with orthotics. We have left these out of this decision chart in order to keep the process simple. However, feel free to call us or to include any other relevant information when ordering new devices.

We hope this serves as a clear starting point for orthotic selection. Individual cases will require further attention. Please do not hesitate to call us with any questions or suggestions.



## ORTHOTIC SELECTION GUIDE FOR SHOE TYPE AND DIAGNOSIS

DIAGNOSIS	REMOVABLE INLAY <small>(Sneaker, Boot, Extra Depth)</small>		TIGHTER FIT <small>(Laced, Loafer, Heel, Slip On)</small>	
	< 200 lbs	200 + lbs	< 200 lbs	200 + lbs
	Pes Planus	A	B	C
Plantar Fasciitis	A	B	C	D
Heel Spur	A w/"U" pad	B w/"U" pad	C w/"U" pad	D w/"U" pad
Metatarsalgia	A w/Met pad	B w/Met pad	C w/Met pad	D w/Met pad
Neuroma	E w/Drop	F w/Drop	C w/Drop	D w/Drop
Rheum. Arthritis	G	H	C	D
Rigid Foot Type	J	J	K	K
Post. Tib. Tend. Dys.	I w/Flange	J w/Flange	K w/Flange	K w/Flange
Diabetes	L	M	L to Sulcus!	M to Sulcus!
Neuropathy, PVD	L	M	Not Recommended! Change Shoe Type	
Charcot	L	M w/Drops?	Not Recommended! Change Shoe Type	

STYLE	LENGTH	ADDITIONS
<b>Functional Orthotics:</b>		
A = SPORT / SPRINT	Full	
B = MARATHON	Full	
C = DRESS / NYLITE	Sulcus	
D = DRESS / GLIDE	Sulcus	w/Arch Fill
E = SPORT / SPRINT	Sulcus	Vinyl Top
F = MARATHON	Sulcus	Vinyl Top
G = WALKER Flex / GLIDE	Full	Spenco Top
H = WALKER Firm	Full	Spenco Top
<b>Accommodative Orthotics:</b>		
I = SPORT CASUAL EVA / Firm Casual EVA	Full	
J = SPORT CASUAL CORK	Full	
K = SPORT CASUAL CORK	Mets	Low Bulk Leather Top
L = DIAB COMFORT EVA	Full	
M = DIAB COMFORT CORK	Full	

This chart serves as a general overview for orthotic selection - patient specific considerations determine final design.